

Dysarthria Treatment by Severity

	Treatment Goals	Strategies	Speech Therapy Activities
Severe Dysarthria	<ul style="list-style-type: none"> • Communicate using any modality, including AAC • Communicate basic wants and needs 	Communication partner: <ul style="list-style-type: none"> • Recognize all communication modalities • Look for nonverbal communication cues • Ask yes/no questions • Offer 2 choices 	<ul style="list-style-type: none"> • Use alphabet boards to spell the entire word or just the first letter • Use gestures • Practice functional words related to wants and needs • Do sustained phonation exercises
Moderate Dysarthria	<ul style="list-style-type: none"> • Improve breath support • Reduce speech rate • Increase endurance • Use AAC 	<ul style="list-style-type: none"> • Take breaks to help with fatigue • Use pacing strategies • Practice good posture 	<ul style="list-style-type: none"> • Use pacing boards or finger tapping • Read functional phrases aloud • Read short passages aloud
Mild Dysarthria	<ul style="list-style-type: none"> • Increase intelligibility • Improve breath support • Improve vocal loudness • Increase self-monitoring • Carryover into daily conversation 	<ul style="list-style-type: none"> • Talk BIG • Talk LOUD • Talk SHORT • Self-monitor 	<ul style="list-style-type: none"> • Read personally interesting passages aloud • Engage in conversation • Do breath support exercises with functional tasks • Carryover with functional daily tasks